100 **POSSU**

Raaka-aineet:

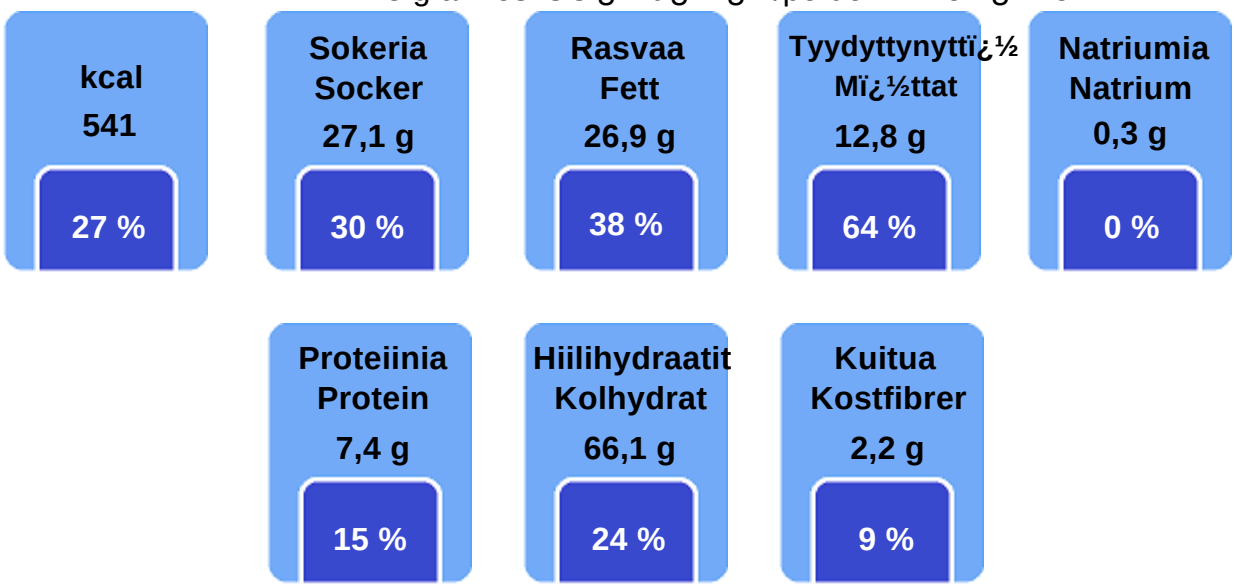
Vehnï¿½jauho, sokeri, vesi, kananmuna, voi, maitojauhe, hiiva, suola, kardemumma, kasviï¿½ljy, emulgointiaineet (E472e. E471, E322), vadelmamarmeladi: vadelma (30%), sakeuttamisaine (E440, E1422), happamuudensï¿½ï¿½tï¿½aine (E330), sï¿½ilï¿½ntï¿½aine (E211), stabilointiaine, (E333), vï¿½ri (E163)

Ingredienser:

Vetemjï¿½l, socker, vatten, ï¿½gg, smï¿½r, mjï¿½lkpulver, jï¿½st, salt, kardemumma, animaliskt fett, vegetabilisk olja, emulgeringsmedel (E472e. E471, E322), hallonmarmelad: hallon (30%), fï¿½rterjockningsmedel (E440, E1422), surhetsreglerande (E330), konserveringsmedel (E211), stabiliseringsmedel, (E333), fï¿½rg (E163)

Ravintosisï¿½ltï¿½/Nï¿½ringsinnehï¿½ll	per 100 g	per kpl/stycke
Energiaa/Energi	1768 kJ	2263 kJ
	423 kcal	541 kcal
Proteiinia/Protein	5,79 g	7,41 g
Hiilihydraattia/Kolhydrat	51,67 g	66,14 g
Josta sokeria/varar sockerarter	21,13 g	27,05 g
Laktoosia/Laktos	0,02 g	0,03 g
Rasvaa/Fett	20,99 g	26,87 g
Kuitua/Kostfibrer	1,71 g	2,19 g
Natriumia/Natrium	0,21 g	0,27 g

128 g annos sisï¿½ltï¿½ï¿½/portion innehï¿½ller



% viitteellisestï¿½ pï¿½ivï¿½saannista (GDA)
% av vï¿½gledande dagligt intag (GDA)

Perustana aikuisen 2000 kcal ruokavalio
Baserar sig pï¿½ 2000 kcal diet fï¿½r en vuxen