106 **KANELIMUNKKI**

Raaka-aineet:

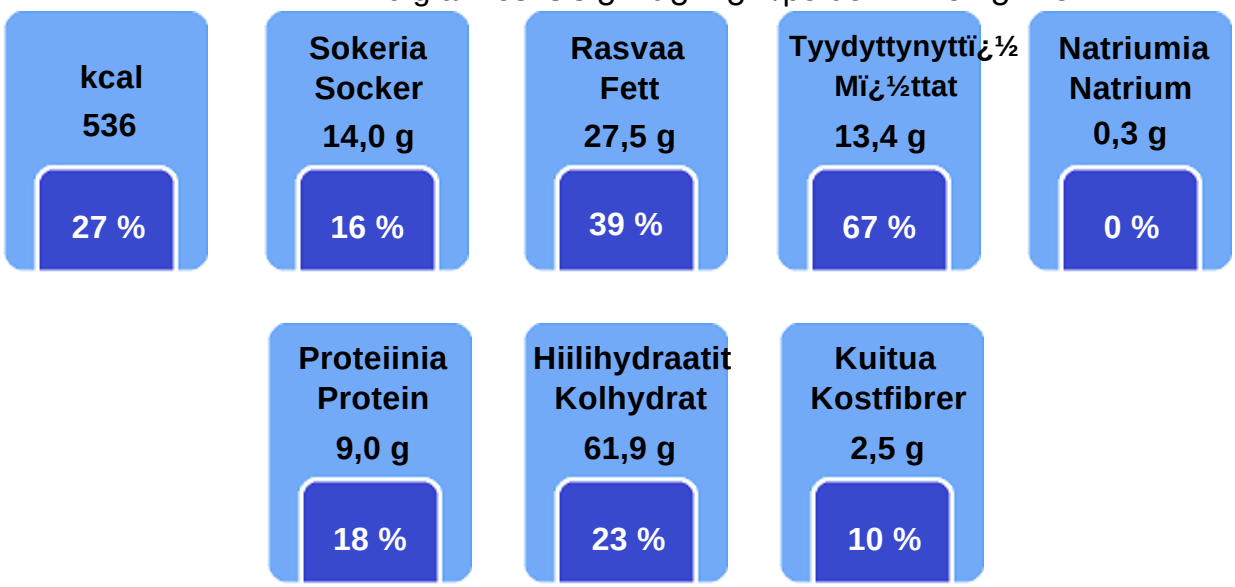
Vehnï¿½jauho, sokeri, HYLA-voi, vesi, kasvirasva, kananmuna, HYLA-maitojauhe, hiiva, emulgointiaineet (E472e, E471, E322), entsyymi (E1100), jauhonparanne (E300), elï¿½inrasva, kasviï¿½ljy, kaneli, suola, kardemumma.
VL=Vï¿½Hï¿½LAKTOOSINEN.

Ingredienser:

Vetemjï¿½l, socker,HYLA- smï¿½r, vatten, vegetabiliskt fett, ï¿½gg, HYLA- mjï¿½lkpulver, jï¿½st, emulgeringsmedel (E472e, E
E322), entzym (E1100), mjï¿½lbehandlingsmedel (E300), animaliskt fett, vegetabilisk olja, kanel, salt, kardemumma.
LL=Lï¿½GLAKTOS.

Ravintosisï¿½ltï¿½/Nï¿½ringsinnehï¿½ll	per 100 g	per kpl/stycke
Energiaa/Energi	1868 kJ	2241 kJ
	446 kcal	536 kcal
Proteiinia/Protein	7,48 g	8,98 g
Hiilihydraattia/Kolhydrat	51,59 g	61,91 g
Josta sokeria/varar sockerarter	11,68 g	14,01 g
Laktoosia/Laktos	0,03 g	0,04 g
Rasvaa/Fett	22,93 g	27,52 g
Kuitua/Kostfibrer	2,12 g	2,55 g
Natriumia/Natrium	0,28 g	0,34 g

120 g annos sisï¿½ltï¿½ï¿½/portion innehï¿½ller



% viitteellisestï¿½ pï¿½ivï¿½saannista (GDA)
% av vï¿½gledande dagligt intag (GDA)

Perustana aikuisen 2000 kcal ruokavalio
Baserar sig pï¿½ 2000 kcal diet fï¿½r en vuxen