120 VOISILMï¿½PULLA

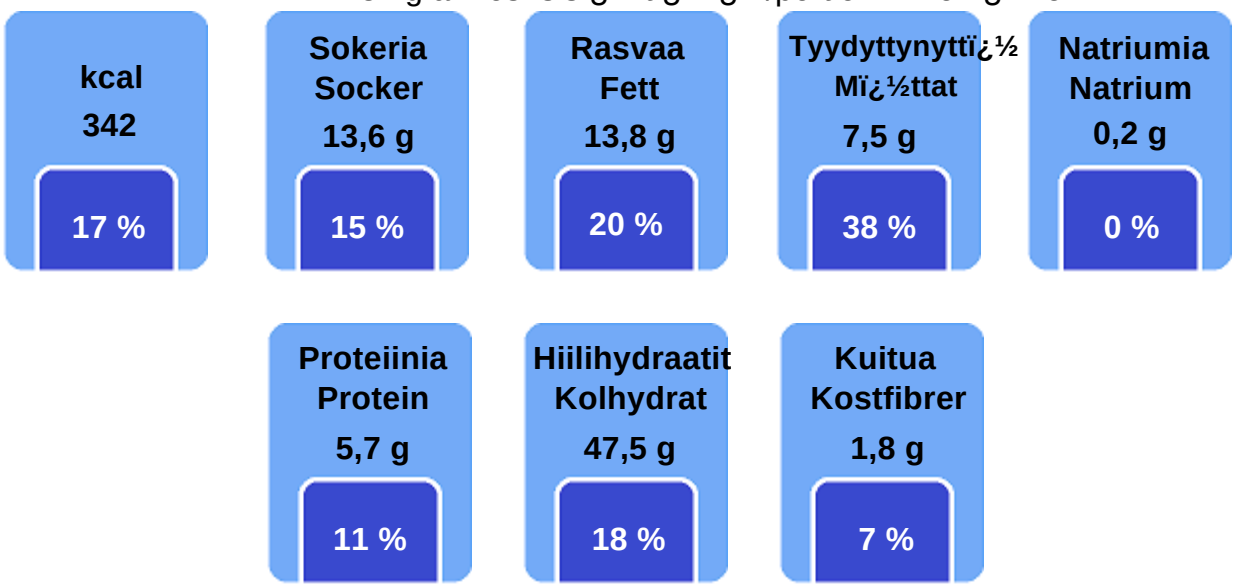
Raaka-aineet:
Vehnï¿½jauho, kasvirasva (emulgointiaine E471, vï¿½ri E160a), sokeri, kananmuna, hiiva, kardemumma, ruokaï¿½ljy, voi, suola, vanilliini

Vï¿½hï¿½laktoosinen

Ingredienser:
Vetemjï¿½l, vegetabiliskt fett (emulgerinsmede E471, fï¿½rg E160a), socker, ï¿½gg, jï¿½st, kardemumma, matolja, voi, salt, vanillin

Ravintosisï¿½ltï¿½/Nï¿½ringsinnehï¿½ll	**per 100 g**	**per kpl/stycke**
Energiaa/Energi	1643 kJ	1430 kJ
	393 kcal	342 kcal
Proteiinia/Protein	6,61 g	5,75 g
Hiilihydraattia/Kolhydrat	54,55 g	47,46 g
Josta sokeria/varar sockerarter	15,67 g	13,63 g
Laktoosia/Laktos	0,05 g	0,04 g
Rasvaa/Fett	15,87 g	13,80 g
Kuitua/Kostfibrer	2,06 g	1,79 g
Natriumia/Natrium	0,27 g	0,23 g

87 g annos sisï¿½ltï¿½ï¿½/portion innehï¿½ller



% viitteellisestï¿½ pï¿½ivï¿½saannista (GDA)
% av vï¿½gledande dagligt intag (GDA)

Perustana aikuisen 2000 kcal ruokavalio
Baserar sig pï¿½ 2000 kcal diet fï¿½r en vuxen