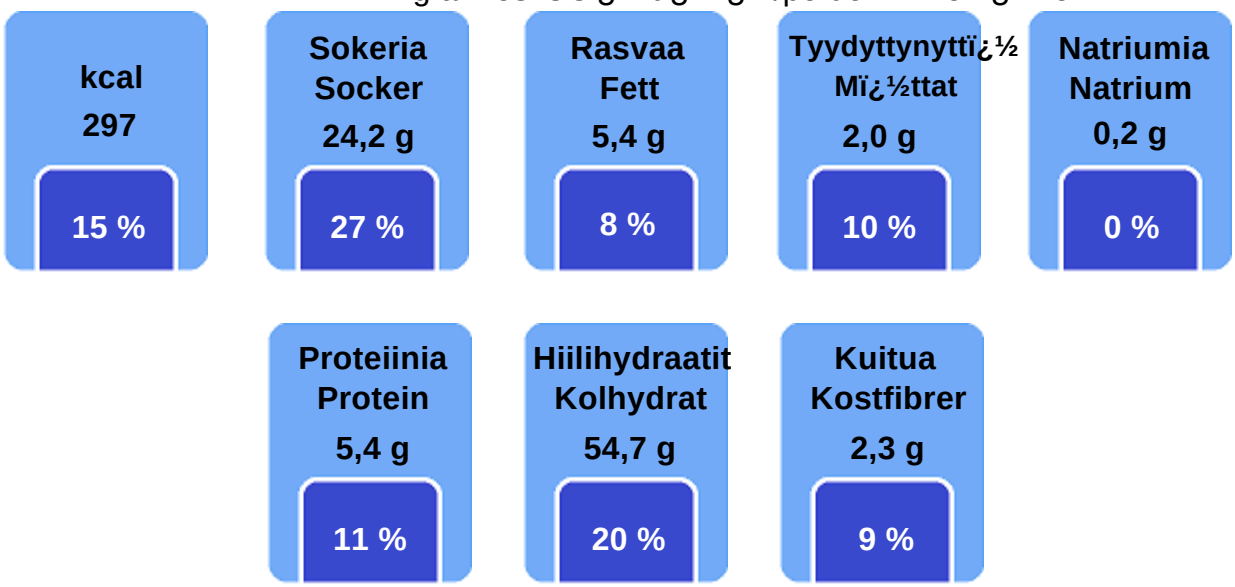
125 MUSTIKKAPULLA

Raaka-aineet:
Vehnï¿½jauho, sokeri, kananmuna, kasvirasva, vesi, hiiva, suola, kardemumma, jauhonparanne (E300), emulgointiaineet (E472e, E471, E322), mustikkatï¿½yte: mustikka, hyyteli¿½imisaine (E1422), happamuudensï¿½ï¿½tï¿½aine (E330), luontais kaltainen aromi, sï¿½ilï¿½ntï¿½aine (E202).
M = MAIDOTON.

Ingredienser:
Vetemjï¿½l, socker, ï¿½gg, vegetabiliskt fett, vatten, jï¿½st, salt, kardemumma, mjï¿½lbehandlingsmedel (E300), emulgeringsmedel (E472e, E471, E322), blï¿½bï¿½rfyllning: blï¿½bï¿½r, geleringsmedel (E1422), surhetsreglerande medel (E330), naturidentisk aroms, konseveringsmedel (E202).
EM = EJ INNEHï¿½LLER MJï¿½LK.

Ravintosisï¿½ltï¿½/Nï¿½ringsinnehï¿½ll	per 100 g	per kpl/stycke
Energiaa/Energi	1110 kJ	1243 kJ
	265 kcal	297 kcal
Proteiinia/Protein	4,85 g	5,43 g
Hiilihydraattia/Kolhydrat	48,81 g	54,67 g
Josta sokeria/varar sockerarter	21,57 g	24,16 g
Laktoosia/Laktos	0,00 g	0,00 g
Rasvaa/Fett	4,82 g	5,39 g
Kuitua/Kostfibrer	2,02 g	2,26 g
Natriumia/Natrium	0,18 g	0,20 g

112 g annos sisï¿½ltï¿½ï¿½/portion innehï¿½ller



% viitteellisestï¿½ pï¿½ivï¿½saannista (GDA)
% av vï¿½gledande dagligt intag (GDA)

Perustana aikuisen 2000 kcal ruokavalio
Baserar sig pï¿½ 2000 kcal diet fï¿½r en vuxen