1882 **KIRSIKKAKRANSSI**

Raaka-aineet:

Vehnï¿½jauho, vesi, sokeri, voi, kananmuna, laktoositon maitojauhe, emulgointiaineet (E472e, E471, E322), entsyymi (E1100), jauhonparanne (E300), hiiva, kookoshiutale, maapï¿½hkinï¿½, kardemumma, vehnï¿½lese, suola, kirsikka, kasvirasva, Laktoositon

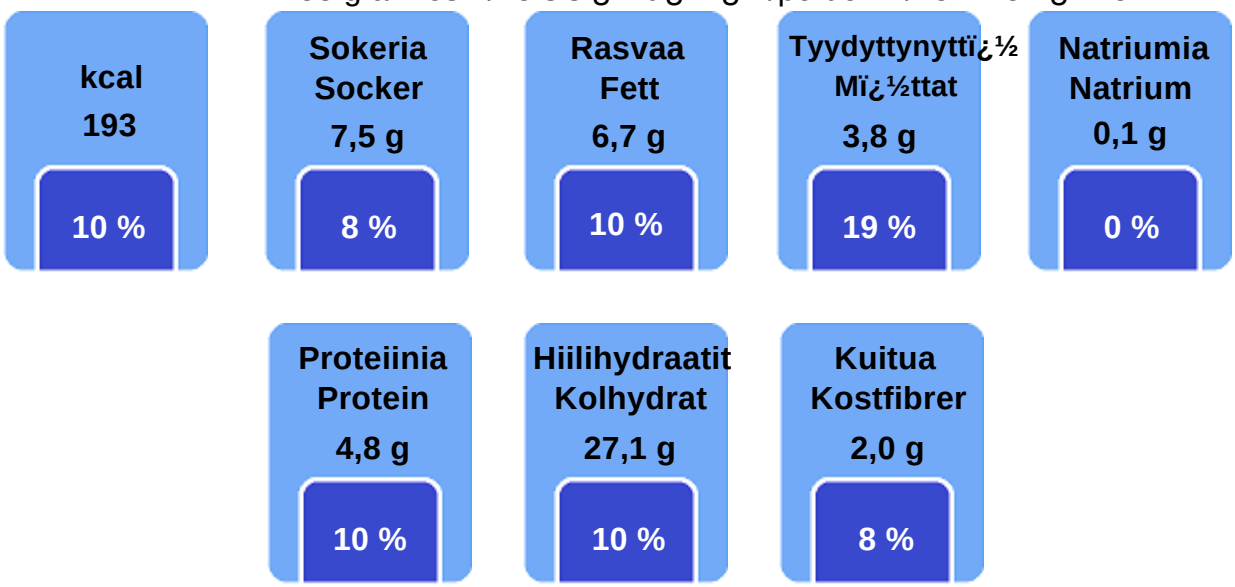
Laktoositon

Ingredienser:

Vetemjï¿½l, arom (, , , , , , , , , , , ,), vatten, Socker, smï¿½r, ï¿½gg, laktosfri mjï¿½lkpulver, jï¿½st, kokosflingor, jordnï¿½t kardemumma, vetekli, salt, kï¿½rsbï¿½

Ravintosisï¿½ltï¿½/Nï¿½ringsinnehï¿½ll	per 100 g	per kpl/stycke
Energiaa/Energi	1511 kJ	806 kJ
	361 kcal	193 kcal
Proteiinia/Protein	8,96 g	4,78 g
Hiilihydraattia/Kolhydrat	50,78 g	27,08 g
Josta sokeria/varar sockerarter	14,13 g	7,54 g
Laktoosia/Laktos	0,03 g	0,02 g
Rasvaa/Fett	12,55 g	6,70 g
Kuitua/Kostfibrer	3,76 g	2,01 g
Natriumia/Natrium	0,26 g	0,14 g

53 g annos 1/15 sisï¿½ltï¿½ï¿½/portion 1/15 innehï¿½ller



% viitteellisestï¿½ pï¿½ivï¿½saannista (GDA)
% av vï¿½gledande dagligt intag (GDA)

Perustana aikuisen 2000 kcal ruokavalio
Baserar sig pï¿½ 2000 kcal diet fï¿½r en vuxen