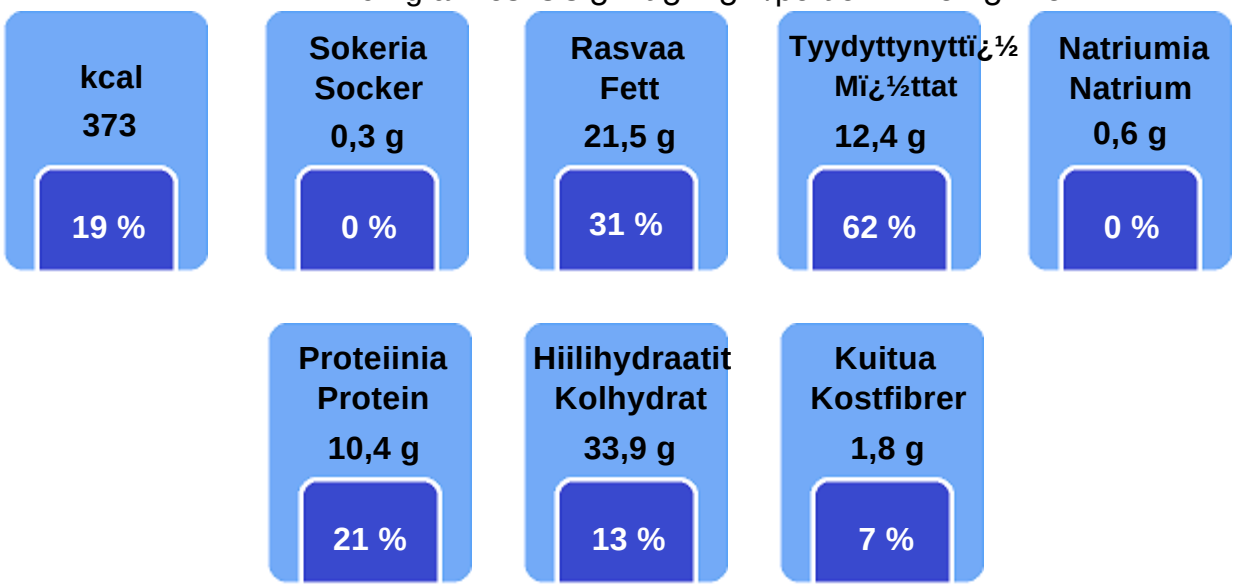
2020 **JUUSTOSARVI**

Raaka-aineet:
Vesi, voi, vehnï¿½jauho, kananmuna, maitojauhe, sokeri, hiiva, suola, emulgointiaineet E472, E471, E322, entsyymi E1100 juustoraaste

Ingredienser:
Vatten, smï¿½r, vetemjï¿½l, ï¿½gg, mjï¿½lkpulver, socker, jï¿½st, salt, emulgeringsmedel E472, E471, E322, entzym E1100, mjukost

Ravintosisï¿½ltï¿½/Nï¿½ringsinnehï¿½ll	**per 100 g**	**per kpl/stycke**
Energiaa/Energi	1611 kJ	1562 kJ
	385 kcal	373 kcal
Proteiinia/Protein	10,74 g	10,42 g
Hiilihydraattia/Kolhydrat	34,95 g	33,90 g
Josta sokeria/varar sockerarter	0,27 g	0,26 g
Laktoosia/Laktos	0,06 g	0,05 g
Rasvaa/Fett	22,12 g	21,45 g
Kuitua/Kostfibrer	1,88 g	1,82 g
Natriumia/Natrium	0,63 g	0,61 g

97 g annos sisï¿½ltï¿½ï¿½/portion innehï¿½ller



% viitteellisestï¿½ pï¿½ivï¿½saannista (GDA)
% av vï¿½gledande dagligt intag (GDA)

Perustana aikuisen 2000 kcal ruokavalio
Baserar sig pï¿½ 2000 kcal diet fï¿½r en vuxen