452 REETAN RUISSï¿½MPYLï¿½

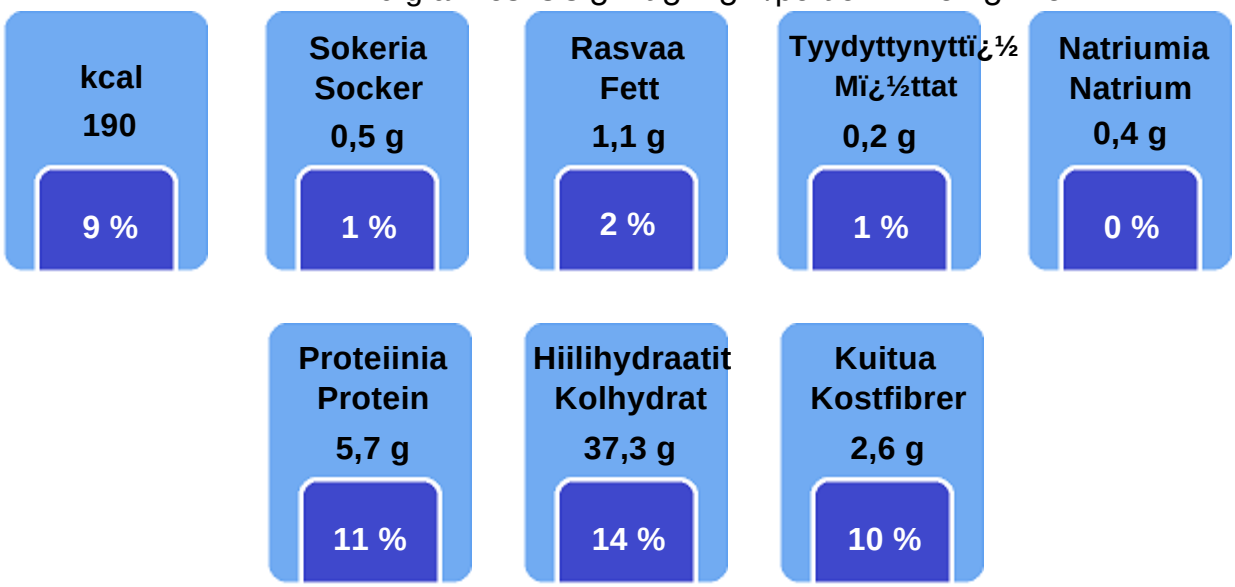
Raaka-aineet:
Vehnï¿½jauho, vesi, hiiva, suola (1,2 %), luomuruisjauho, dekstroosi, emulgointiaine (E472e), kovetettu kasvirasva, jauhonparanne (E300), entsyymi

Maidoton

Ingredienser:
Vetemjï¿½l, vatten, jï¿½st, salt, rï¿½gmjï¿½l, dextros, emulgeringsmedel (E472e) omï¿½ttatvegetabiliskt fett, mjï¿½lbehandlingsmedel (E300), entsym

Ravintosisï¿½ltï¿½/Nï¿½ringsinnehï¿½ll	per 100 g	per kpl/stycke
Energiaa/Energi	1134 kJ	794 kJ
	271 kcal	190 kcal
Proteiinia/Protein	8,17 g	5,72 g
Hiilihydraattia/Kolhydrat	53,24 g	37,27 g
Josta sokeria/varar sockerarter	0,74 g	0,52 g
Laktoosia/Laktos	0,00 g	0,00 g
Rasvaa/Fett	1,63 g	1,14 g
Kuitua/Kostfibrer	3,72 g	2,60 g
Natriumia/Natrium	0,54 g	0,38 g

70 g annos sisï¿½ltï¿½ï¿½/portion innehï¿½ller



% viitteellisestï¿½ pï¿½ivï¿½saannista (GDA)
% av vï¿½gledande dagligt intag (GDA)

Perustana aikuisen 2000 kcal ruokavalio
Baserar sig pï¿½ 2000 kcal diet fï¿½r en vuxen