500 **KREEMILEIVOS**

Raaka-aineet:

Kananmuna, sokeri, vanilliinisokeri, perunajauho, vehnï¿½jauho, leivinjauhe, kasvismargariini, vesi, vadelma tai sitruuna-aromi, hillot vaihtelevat: mansikkahillo tai vadelmahillo tai eteli¿½nherkkutï¿½yte (mango, ananas, persikka, pï¿½ï¿½rynï¿½), nonparelli, karamellikoriste.
M = MAIDOTON.

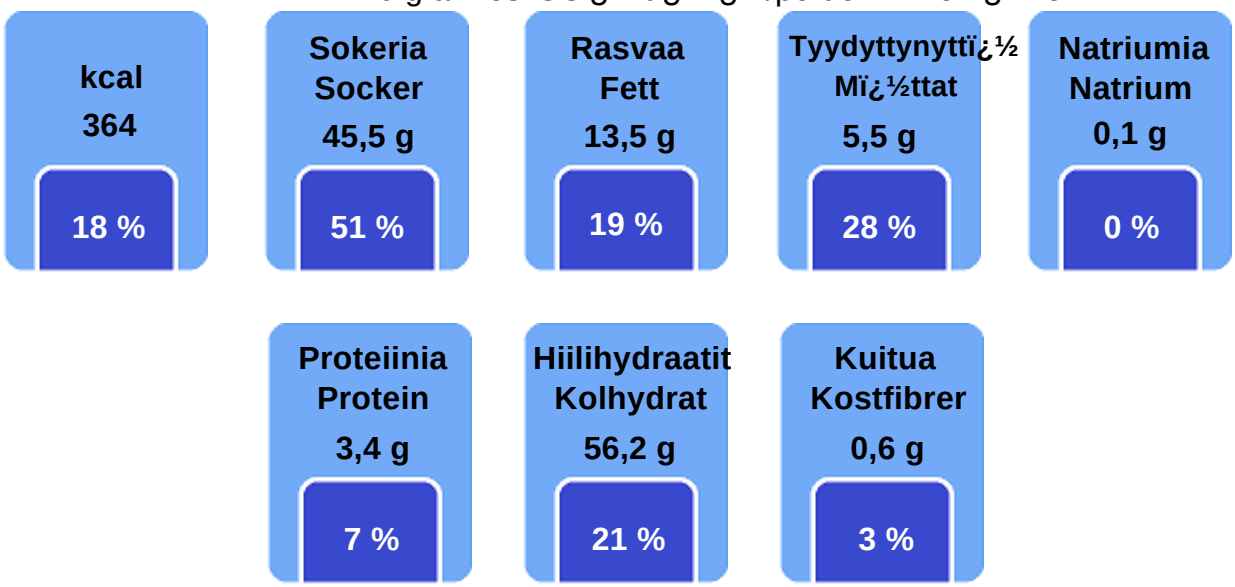
MAIDOTON

Ingredienser:

ï¿½gg, socker, vanillinsocker, potatismjï¿½l, vetemjï¿½l, bakpulver, vegetabiliskt margarin, vatten, hallon eller citron-arom, syltt vï¿½xlander: jordgubbsylt eller hallonsylt eller sydlig delikatessfyllning (mango, ananas, persika, pï¿½rï¿½n), karamell, karamell dekorering.
EM = EJ INNEHï¿½LLER MJï¿½LK.

Ravintosisï¿½ltï¿½/Nï¿½ringsinnehï¿½ll	per 100 g	per kpl/stycke
Energiaa/Energi	2174 kJ	1522 kJ
	520 kcal	364 kcal
Proteiinia/Protein	4,79 g	3,35 g
Hiilihydraattia/Kolhydrat	80,34 g	56,24 g
Josta sokeria/varar sockerarter	64,93 g	45,45 g
Laktoosia/Laktos	0,00 g	0,00 g
Rasvaa/Fett	19,34 g	13,54 g
Kuitua/Kostfibrer	0,91 g	0,63 g
Natriumia/Natrium	0,17 g	0,12 g

70 g annos sisï¿½ltï¿½ï¿½/portion innehï¿½ller



% viitteellisestï¿½ pï¿½ivï¿½saannista (GDA)
% av vï¿½gledande dagligt intag (GDA)

Perustana aikuisen 2000 kcal ruokavalio
Baserar sig pï¿½ 2000 kcal diet fï¿½r en vuxen