613 30 HENG SUKLAAMURUKAKKU

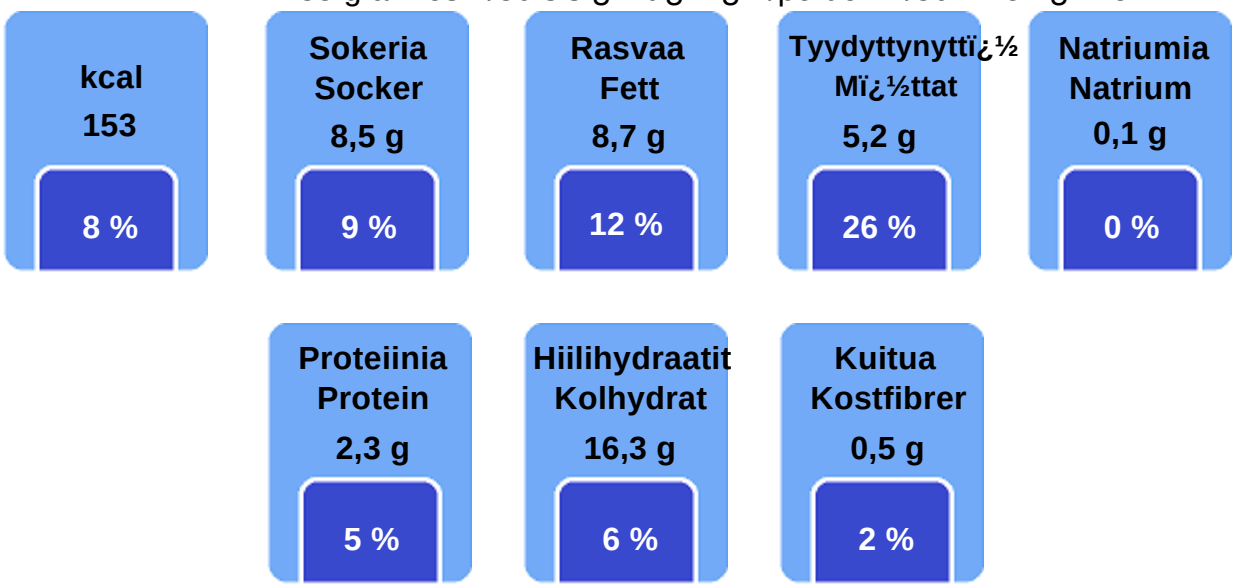
Raaka-aineet:
Vehnï¿½jauho, HYLA- voi, sokeri, kananmuna, leivinjauhe, vanilliinisokeri, suklaarouhe, rypsiï¿½ljy,emulgointiaine soijalesitiini, korppujauho. VL= Vï¿½Hï¿½LAKTOOSINEN.

Vï¿½hï¿½laktoosinen

Ingredienser:
Vetemjï¿½l, HYLA-smï¿½r, socker, ï¿½gg, bakpulver, vanillinsocker, shokladkross, rypsolja, emulgeringsmedel sojalecitin, skorpmjï¿½l. LL= Lï¿½GLAKTOS.

Ravintosisï¿½ltï¿½/Nï¿½ringsinnehï¿½ll	per 100 g	per kpl/stycke
Energiaa/Energi	1799 kJ	642 kJ
	430 kcal	153 kcal
Proteiinia/Protein	6,52 g	2,33 g
Hiilihydraattia/Kolhydrat	45,56 g	16,25 g
Josta sokeria/varar sockerarter	23,70 g	8,45 g
Laktoosia/Laktos	0,38 g	0,14 g
Rasvaa/Fett	24,40 g	8,70 g
Kuitua/Kostfibrer	1,27 g	0,45 g
Natriumia/Natrium	0,23 g	0,08 g

35 g annos 1/30 sisï¿½ltï¿½ï¿½/portion 1/30 innehï¿½ller



% viitteellisestï¿½ pï¿½ivï¿½saannista (GDA)
% av vï¿½gledande dagligt intag (GDA)

Perustana aikuisen 2000 kcal ruokavalio
Baserar sig pï¿½ 2000 kcal diet fï¿½r en vuxen