617 **30 HENG TIIKERIKAKKU**

Raaka-aineet:

Vehnï¿½jauho, HYLA- voi, sokeri, kananmuna, leivinjauhe, vanilliinisokeri, kaakaojauhe, rypsiï¿½ljy, emulgointiaine soijalesitiini, korppujauho. Vï¿½hï¿½laktoosinen

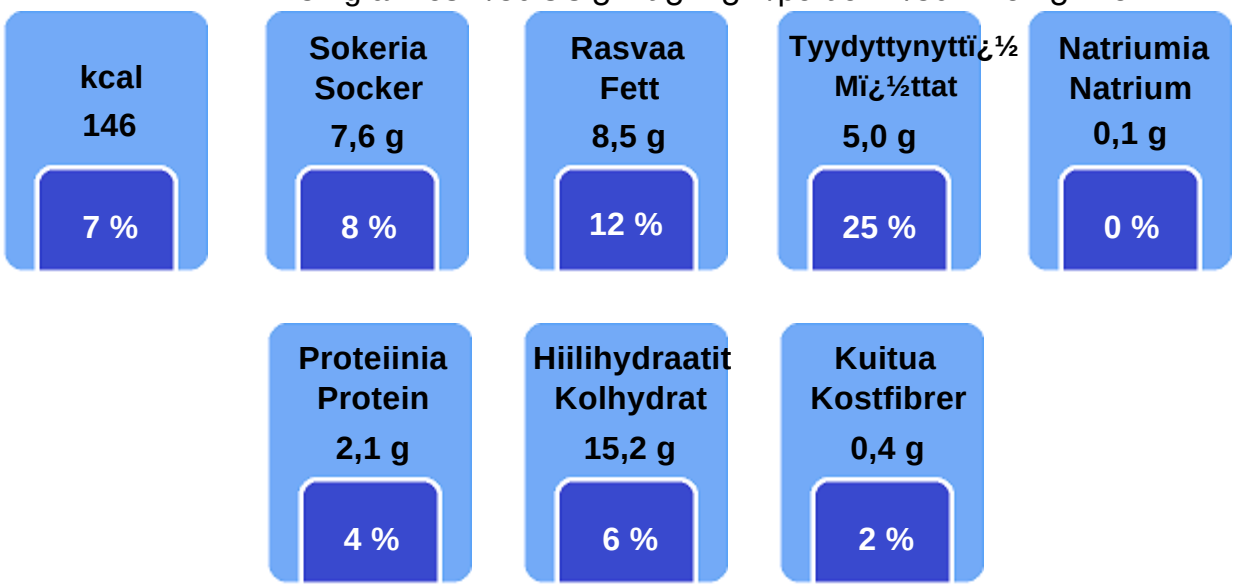
Vï¿½hï¿½laktoosinen

Ingredienser:

Vetemjï¿½l,HYLA- smï¿½r, socker, ï¿½gg, bakpulver, vanillinsocker, kakaopulver, rypsolja, emulgeringsmedel sojalecitin, skorpmjï¿½l. Lï¿½glaktos

Ravintosisï¿½ltï¿½/Nï¿½ringsinnehï¿½ll	per 100 g	per kpl/stycke
Energiaa/Energi	1972 kJ	611 kJ
	471 kcal	146 kcal
Proteiinia/Protein	6,87 g	2,13 g
Hiilihydraattia/Kolhydrat	49,14 g	15,23 g
Josta sokeria/varar sockerarter	24,44 g	7,58 g
Laktoosia/Laktos	0,13 g	0,04 g
Rasvaa/Fett	27,28 g	8,46 g
Kuitua/Kostfibrer	1,32 g	0,41 g
Natriumia/Natrium	0,25 g	0,08 g

31 g annos 1/30 sisï¿½ltï¿½ï¿½/portion 1/30 innehï¿½ller



% viitteellisestï¿½ pï¿½ivï¿½saannista (GDA)
% av vï¿½gledande dagligt intag (GDA)

Perustana aikuisen 2000 kcal ruokavalio
Baserar sig pï¿½ 2000 kcal diet fï¿½r en vuxen