6590 **YLIOPPILASPIKKULEIPï¿½**

Raaka-aineet:

HYLA-voi, sokeri, tomusokeri, vehnï¿½jauho, vaniljasokeri, suola, moccatï¿½yte, suklaa.
VL= Vï¿½Hï¿½LAKTOOSINEN.

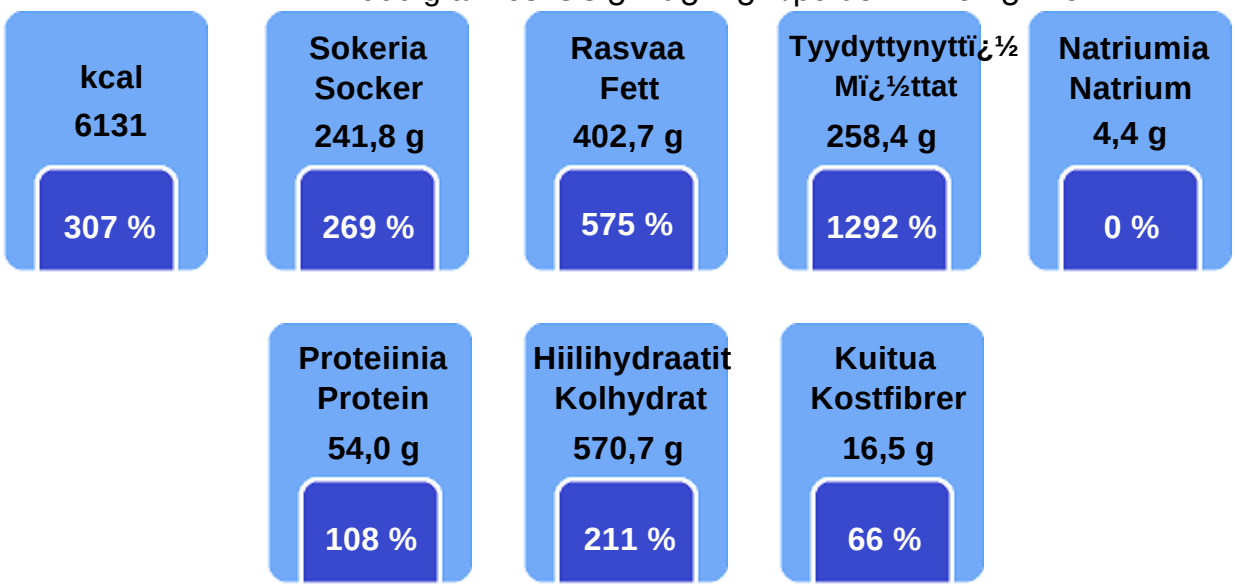
Vï¿½hï¿½laktoosinen

Ingredienser:

HYLA-smï¿½r, socker, pudersocker, vetemjï¿½l, vaniljasocker, salt, mockafyllning, choklad.LL= Lï¿½GLAKTOS.

Ravintosisï¿½ltï¿½/Nï¿½ringsinnehï¿½ll	per 100 g	per kpl/stycke
Energiaa/Energi	2565 kJ	25650 kJ
	613 kcal	6131 kcal
Proteiinia/Protein	5,40 g	53,99 g
Hiilihydraattia/Kolhydrat	57,07 g	570,67 g
Josta sokeria/varar sockerarter	24,18 g	241,77 g
Laktoosia/Laktos	0,20 g	1,95 g
Rasvaa/Fett	40,27 g	402,66 g
Kuitua/Kostfibrer	1,65 g	16,54 g
Natriumia/Natrium	0,44 g	4,37 g

1000 g annos sisï¿½ltï¿½ï¿½/portion innehï¿½ller



% viitteellisestï¿½ pï¿½ivï¿½saannista (GDA)
% av vï¿½gledande dagligt intag (GDA)

Perustana aikuisen 2000 kcal ruokavalio
Baserar sig pï¿½ 2000 kcal diet fï¿½r en vuxen