680 **GLUT. MAID. KIERREPUUSTI**

Raaka-aineet:

Gluteeniton jauhoseos (riisijauho, maissitï¿½rkkelys, perunajauho, modifioitu perunatï¿½rkkelys), sokeri, kasvirasva, kananmuna, hiiva, kuitu, kardemumma, suola, kaneli, emulgointiaineet (E401, E440), hapettumisenestoaine (E412), nostatusaine (E500), happamuudensï¿½ï¿½tï¿½aine (E575, E170), vï¿½riaine (E160a). LUONTAISESTI GLUTEENITON, MAIDOTON.

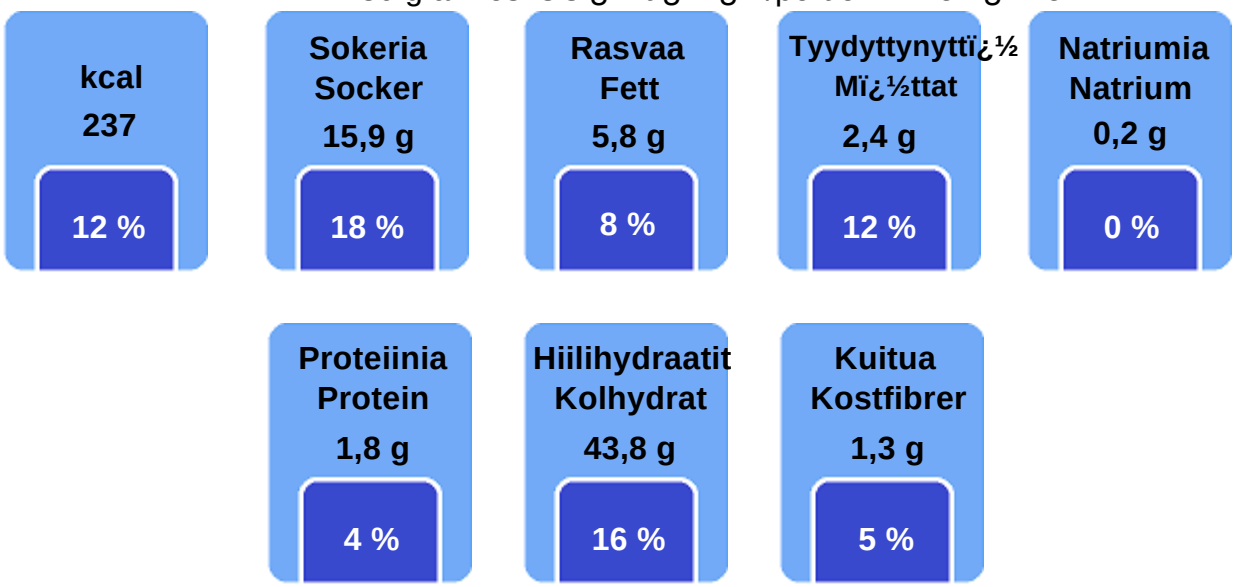
Gluteeniton, maidoton

Ingredienser:

Glutenfri mjï¿½lblandning (rismjï¿½l, majsstï¿½rkelse, potatismjï¿½l, modifierad potatisstï¿½rkelse), vatten, socker, vegetabil margarin, ï¿½gg, jï¿½st, fibrer, kardemumma, salt, kanel, emulgeringsmedel (E401, E440), fï¿½rterjockningsmedel (E412), bakpulver (E500), surhetsreglerande (E575), fï¿½rgï¿½mne (E160a). NATURLIGT GLUTENFRI, EJ NNEHï¿½LLER MJï¿½LK.

Ravintosisï¿½ltï¿½/Nï¿½ringsinnehï¿½ll	per 100 g	per kpl/stycke
Energiaa/Energi	1239 kJ	991 kJ
	296 kcal	237 kcal
Proteiinia/Protein	2,24 g	1,80 g
Hiilihydraattia/Kolhydrat	54,80 g	43,84 g
Josta sokeria/varar sockerarter	19,90 g	15,92 g
Laktoosia/Laktos	0,00 g	0,00 g
Rasvaa/Fett	7,29 g	5,83 g
Kuitua/Kostfibrer	1,63 g	1,31 g
Natriumia/Natrium	0,19 g	0,16 g

80 g annos sisï¿½ltï¿½ï¿½/portion innehï¿½ller



% viitteellisestï¿½ pï¿½ivï¿½saannista (GDA)
% av vï¿½gledande dagligt intag (GDA)

Perustana aikuisen 2000 kcal ruokavalio
Baserar sig pï¿½ 2000 kcal diet fï¿½r en vuxen