6801 **GLUT. RAHKAPULLA**

Raaka-aineet:

Rahka, gluteeniton jauhoseos (riisijauho, maissitï¿½rkkelys, perunajauho, modifioitu perunatï¿½rkkelys), sokeri, kasvirasva, kananmuna, hiiva, kuitu, kardemumma, suola, kaneli, emulgointiaineet (E401, E440), hapettumisenestoaine (E340, E412), nostatusaine (E500), happamuudensï¿½ï¿½tï¿½aine (E575, E170), vï¿½riaine (E160a). LUONTAISESTI GLUTEENITO MAIDOTON.

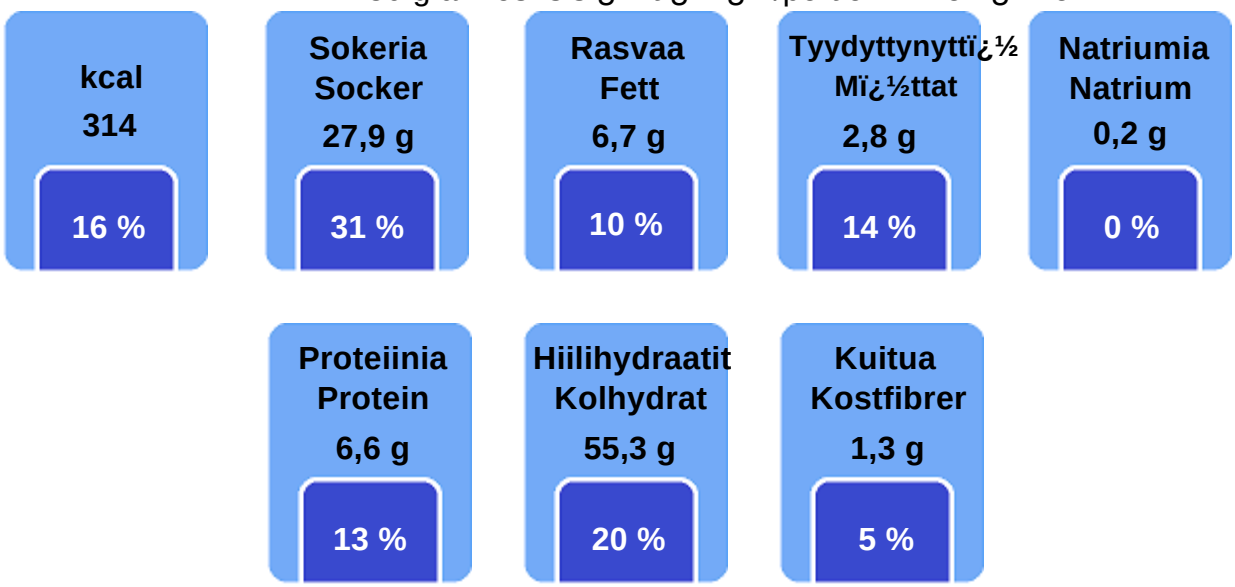
Gluteeniton, vï¿½hï¿½laktoosinen

Ingredienser:

Kvarg, glutenfri mjï¿½lblandning (rismjï¿½l, majsstï¿½rkelse, potatismjï¿½l, modifierad potatisstï¿½rkelse), vatten, socker, vegetabiliskt margarin, ï¿½gg, jï¿½st, fibrer, kardemumma, salt, kanel, emulgeringsmedel (E401, E440), fï¿½rterjockningsmedel (E412), bakpulver (E500), surhetsreglerande (E575), fï¿½rgï¿½mne (E160a). NATURLIGT GLUTENFRI, EJ NNEHï¿½LLER MJï¿½LK.

Ravintosisï¿½ltï¿½/Nï¿½ringsinnehï¿½ll	per 100 g	per kpl/stycke
Energiaa/Energi	1011 kJ	1314 kJ
	242 kcal	314 kcal
Proteiinia/Protein	5,08 g	6,60 g
Hiilihydraattia/Kolhydrat	42,54 g	55,30 g
Josta sokeria/varar sockerarter	21,48 g	27,93 g
Laktoosia/Laktos	0,35 g	0,45 g
Rasvaa/Fett	5,12 g	6,66 g
Kuitua/Kostfibrer	1,01 g	1,32 g
Natriumia/Natrium	0,16 g	0,21 g

130 g annos sisï¿½ltï¿½ï¿½/portion innehï¿½ller



% viitteellisestï¿½ pï¿½ivï¿½saannista (GDA)
% av vï¿½gledande dagligt intag (GDA)

Perustana aikuisen 2000 kcal ruokavalio
Baserar sig pï¿½ 2000 kcal diet fï¿½r en vuxen