68011 **GLUT. MUSTIKKAPULLA**

Raaka-aineet:

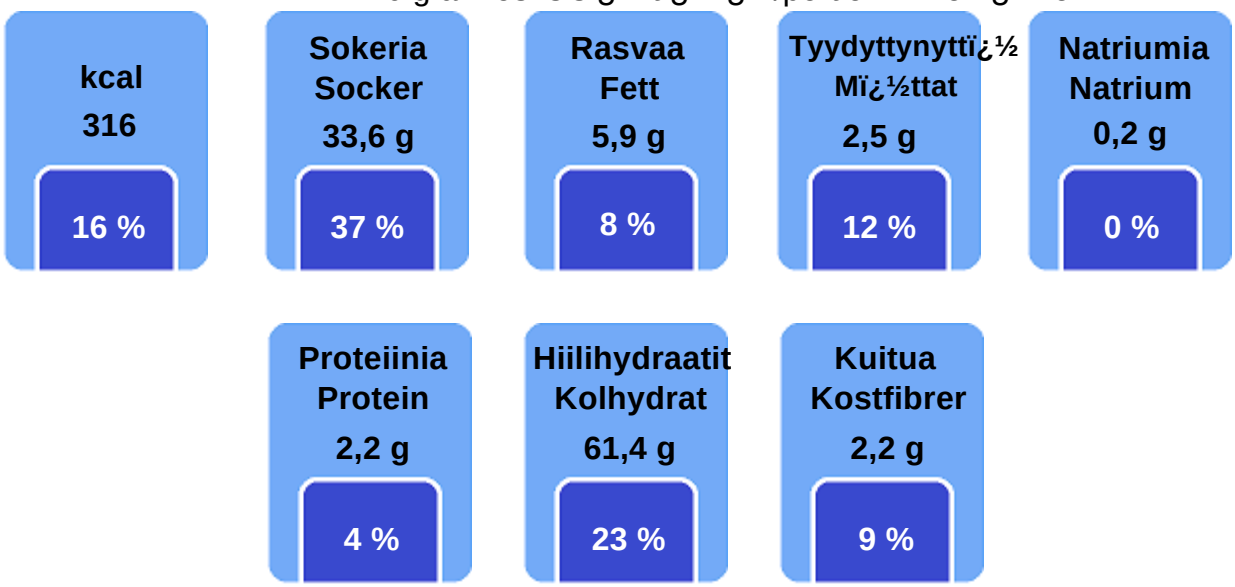
Mustikkatï¿½yte, gluteeniton jauhoseos (riisijauho, maissitï¿½rkkelys, perunajauho, modifioitu perunatï¿½rkkelys), sokeri, kasvirasva, kananmuna, hiiva, kuitu, kardemumma, suola, kaneli, emulgointiaineet (E401, E440), hapettumisenestoaine (E340, E412), nostatusaine (E500), happamuudensï¿½ï¿½tï¿½aine (E575, E170), vï¿½riaine (E160a). LUONTAISESTI GLUTEENITON, MAIDOTON.

Ingredienser:

Blï¿½bï¿½rsylt, glutenfri mjï¿½lblandning (rismjï¿½l, majsstï¿½rkelse, potatismjï¿½l, modifierad potatisstï¿½rkelse), vatten, s vegetabiliskt margarin, ï¿½gg, jï¿½st, fibrer, kardemumma, salt, kanel, emulgeringsmedel (E401, E440), fï¿½rterjockningsmedel (E412), bakpulver (E500), surhetsreglerande (E575), fï¿½rgï¿½mne (E160a). NATURLIGT GLUTENFRI, EJ NNEHï¿½LLER MJï¿½LK.

Ravintosisï¿½ltï¿½/Nï¿½ringsinnehï¿½ll	per 100 g	per kpl/stycke
Energiaa/Energi	1140 kJ	1323 kJ
	273 kcal	316 kcal
Proteiinia/Protein	1,89 g	2,20 g
Hiilihydraattia/Kolhydrat	52,90 g	61,36 g
Josta sokeria/varar sockerarter	29,00 g	33,64 g
Laktoosia/Laktos	0,00 g	0,00 g
Rasvaa/Fett	5,10 g	5,91 g
Kuitua/Kostfibrer	1,92 g	2,23 g
Natriumia/Natrium	0,16 g	0,18 g

116 g annos sisï¿½ltï¿½ï¿½/portion innehï¿½ller



% viitteellisestï¿½ pï¿½ivï¿½saannista (GDA)
% av vï¿½gledande dagligt intag (GDA)

Perustana aikuisen 2000 kcal ruokavalio
Baserar sig pï¿½ 2000 kcal diet fï¿½r en vuxen