68202 **GLUT. LAKT.PIZZA**

Raaka-aineet:

Sianliha, sï¿½ilï¿½ntï¿½aine (E262, E250, E260, E211, E202), hapettumisenestoaine (E315, E412, E330), gluteeniton jauhoseos (riisijauho, maissitï¿½rkkelys, perunajauho, modifioitu perunatï¿½rkkelys), emulgointiaine (E401, E440, E466), happamuudensï¿½ï¿½tï¿½aine (E575), ananas, juusto, kasvirasva, tomaattiketsuppi, kuitu, leivinjauhe, suola, nostatusaine (E450, E500). Vï¿½Hï¿½LAKTOOSINEN, LUONTAISESTI GLUTEENITON.

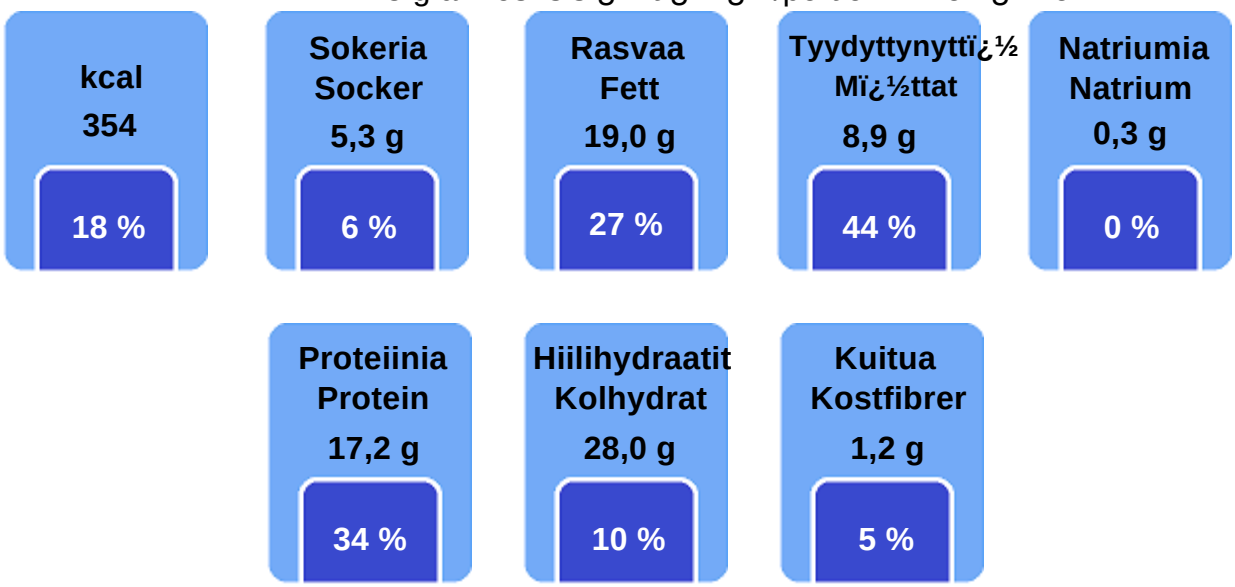
Gluteeniton, vï¿½hï¿½laktoosinen

Ingredienser:

Griskï¿½tt, konserveringsmedel (E262, E250, E260, E211, E202), antioxidationsmedel (E315, E412, E330), glutenfri mlï¿½lblandning, emulgeringsmedel (E401, E440, E466), surhetsreglerande (E575), ananas, vegetabiliskt fett, tomatketchup, fibrer, bakpulver, salt, jï¿½sningsmedel (E450, E500), Lï¿½GLAKTOS, NATURLIGT GLUTENFRI

Ravintosisï¿½ltï¿½/Nï¿½ringsinnehï¿½ll	per 100 g	per kpl/stycke
Energiaa/Energi	1158 kJ	1483 kJ
	277 kcal	354 kcal
Proteiinia/Protein	13,47 g	17,24 g
Hiilihydraattia/Kolhydrat	21,85 g	27,96 g
Josta sokeria/varar sockerarter	4,13 g	5,29 g
Laktoosia/Laktos	0,00 g	0,00 g
Rasvaa/Fett	14,84 g	19,00 g
Kuitua/Kostfibrer	0,95 g	1,22 g
Natriumia/Natrium	0,21 g	0,27 g

128 g annos sisï¿½ltï¿½ï¿½/portion innehï¿½ller



% viitteellisestï¿½ pï¿½ivï¿½saannista (GDA)
% av vï¿½gledande dagligt intag (GDA)

Perustana aikuisen 2000 kcal ruokavalio
Baserar sig pï¿½ 2000 kcal diet fï¿½r en vuxen